

## Dee Mail

Dear «First»,

January 29, 2010

I would like to share one of the most practical and valuable habits I have embraced for over 30 years. It takes only a few minutes a day, but I glean huge amounts of insight on a variety of important topics. This very gratifying custom is: reading one chapter a day from the book of Proverbs.



I read the chapter which corresponds with the day of the month. There are 31 chapters in the book of Proverbs; there are 30 or 31 days in a month. On the first day of the month I read the first chapter of Proverbs, on the 28<sup>th</sup> day of the month I read the 28<sup>th</sup> chapter, etc. I always know which chapter to read each day.

By reading this awesome book twelve times a year, “wisdom will enter your heart, and knowledge will be pleasant to your soul” (Proverbs 2:10). Sound teaching will be like a gorgeous gold necklace. (See Proverbs 1:9.) You will start on the path to becoming a wise, industrious, compassionate and godly woman. Isn’t that what we all desire? That is my prayer for each of you beautiful women. Happy reading!

Love,  
Delores

**Scripture:** “Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised” (Proverbs 31:30).

**Prayer:** “Heavenly Father, thank you for drawing my friends to yourself and choosing us to be your daughters. We are grateful for the Bible which expertly instructs us how to do what is right, just and fair. Help us enthusiastically determine to search for understanding as for hidden treasure. Each time we read a chapter in Proverbs, please illuminate timeless truths and points of warning we need to apply to our daily lives. We love you, we praise you. Amen.”

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